



OMNI

DEDICATED TO YOUR SUCCESS

# SBIRT Colorado Lessons Learned

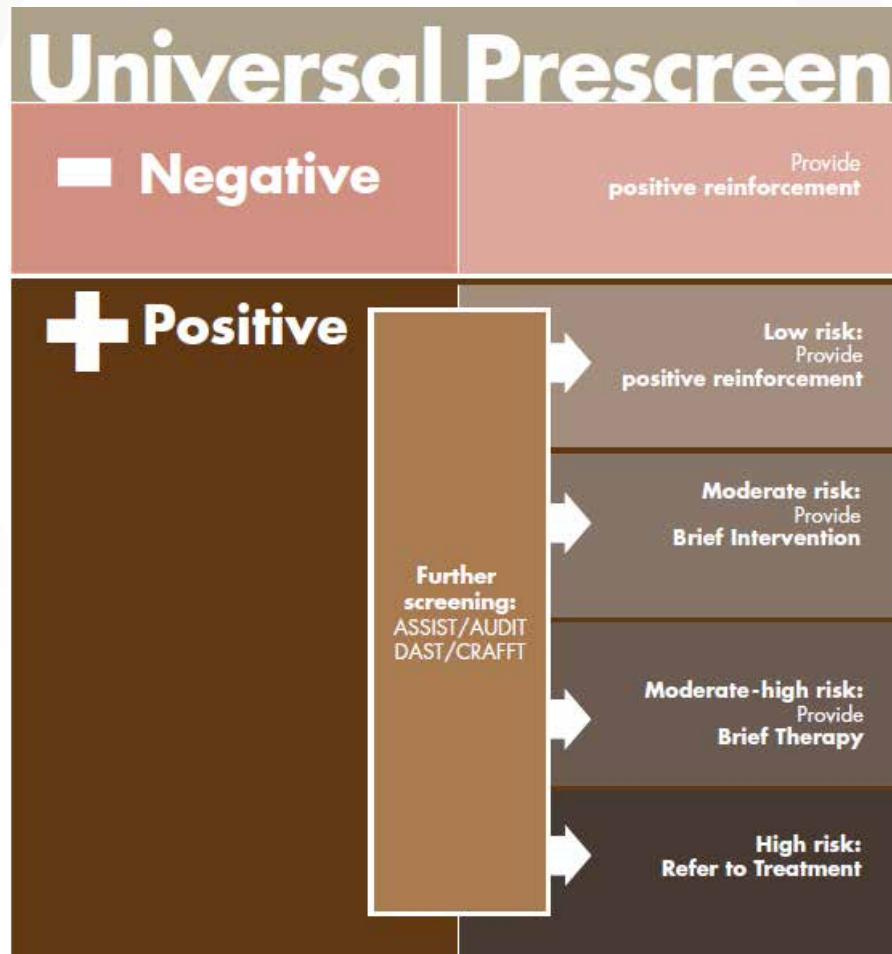
# Acknowledgements

SBIRT Colorado is an initiative of the Governor, funded by the Substance Abuse and Mental Health Services Administration, administered by the Colorado Department of Human Services, Division of Behavioral Health and managed by Peer Assistance Services, Inc.

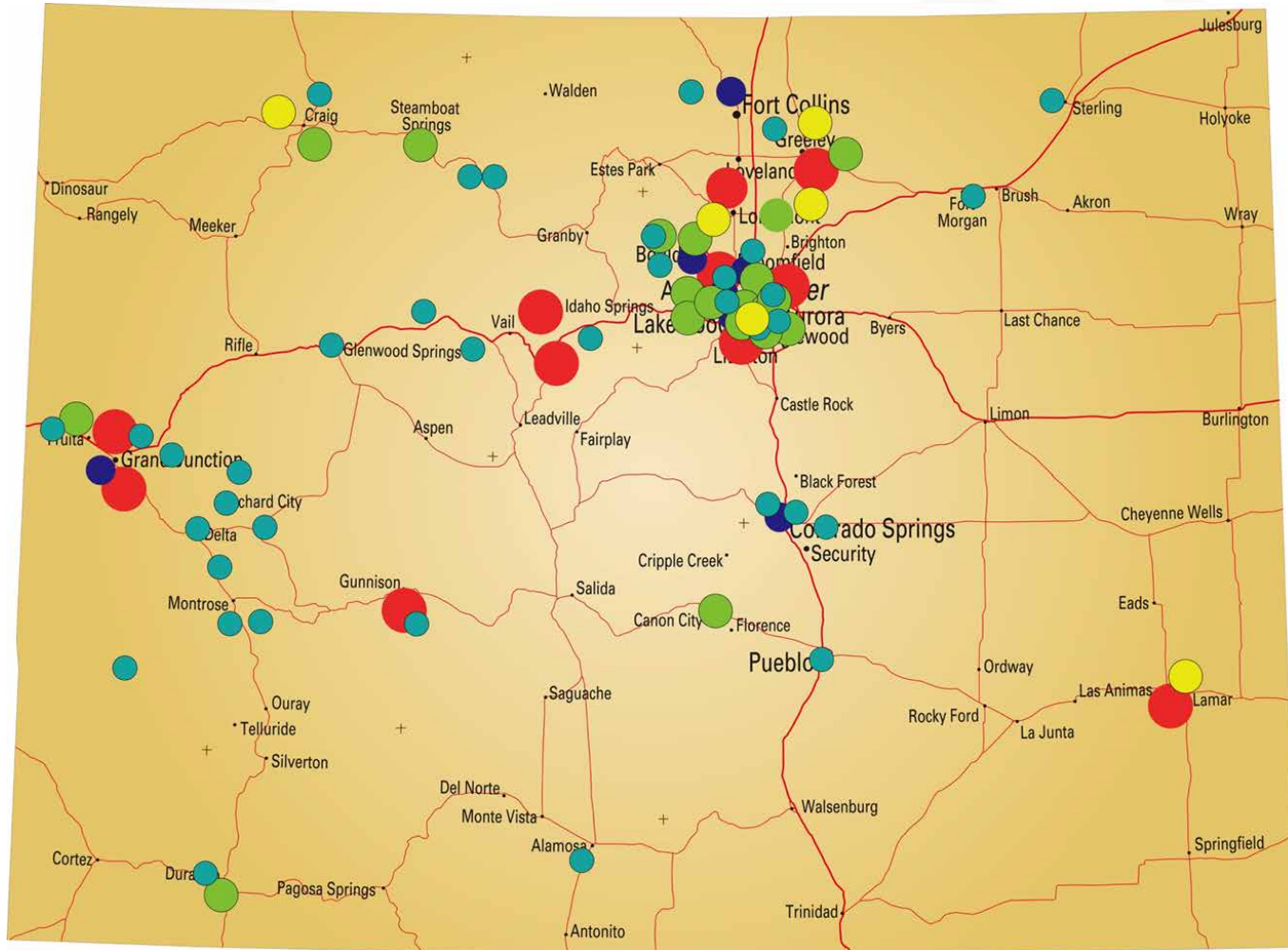
# ■ Today's Presentation

- SBIRT Colorado and Evaluation Activities
- Share Key Lessons Learned
- Future Directions and Discussion

# SBIRT Model



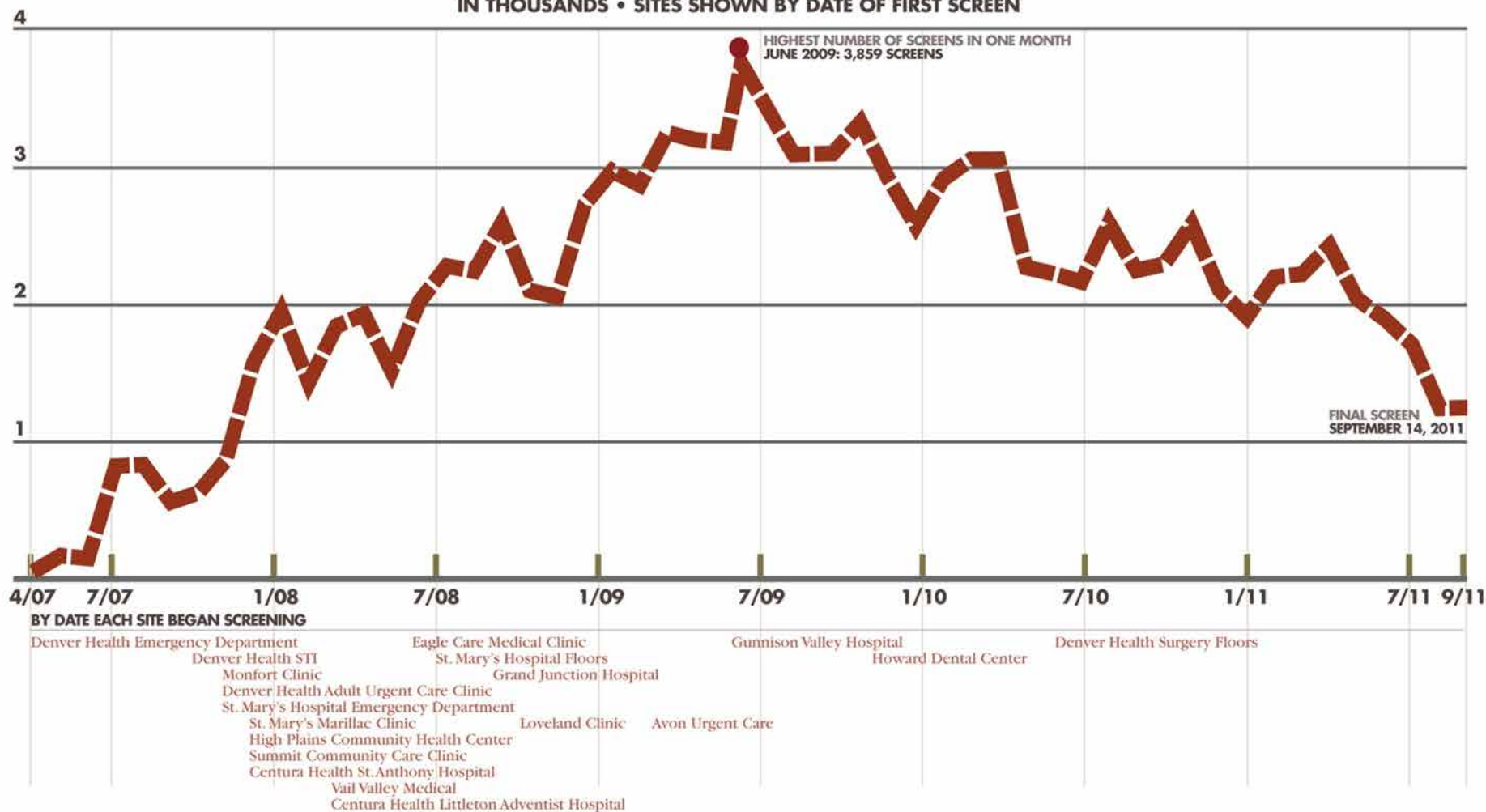
# SBIRT Colorado



# SBIRT Colorado Evaluation

- » Grant-required data collection
  - Screening data (ASSIST – World Health Organization)
  - GPRA data
  - Outcome evaluation
- » Qualitative data collection
  - Focus groups, key informant interviews
  - Health educators, healthcare providers, state & community leaders
- » Special projects

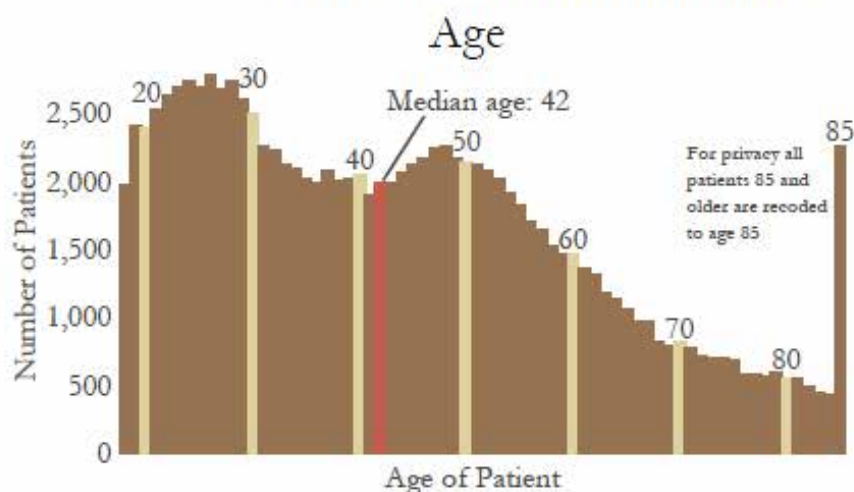
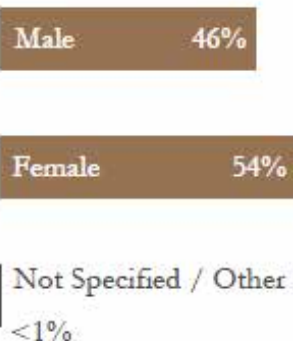
# **SCREENS CONDUCTED PER MONTH IN 12 GRANT-FUNDED HEALTHCARE SITES • TOTAL SCREENS: 115,215** **IN THOUSANDS • SITES SHOWN BY DATE OF FIRST SCREEN**



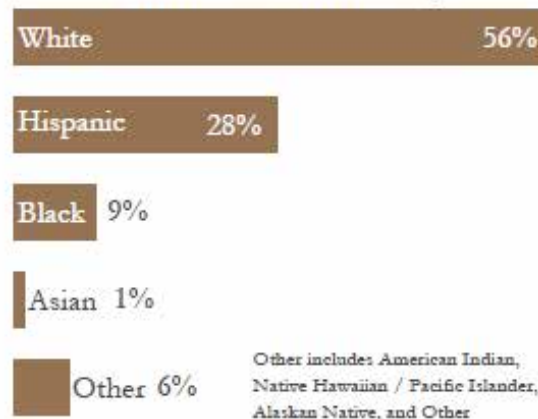
## DEMOGRAPHICS OF PATIENTS SCREENED AT 12 GRANT-FUNDED HEALTHCARE SITES

TOTAL SCREENS: 115,215

### Gender



### Race / Ethnicity



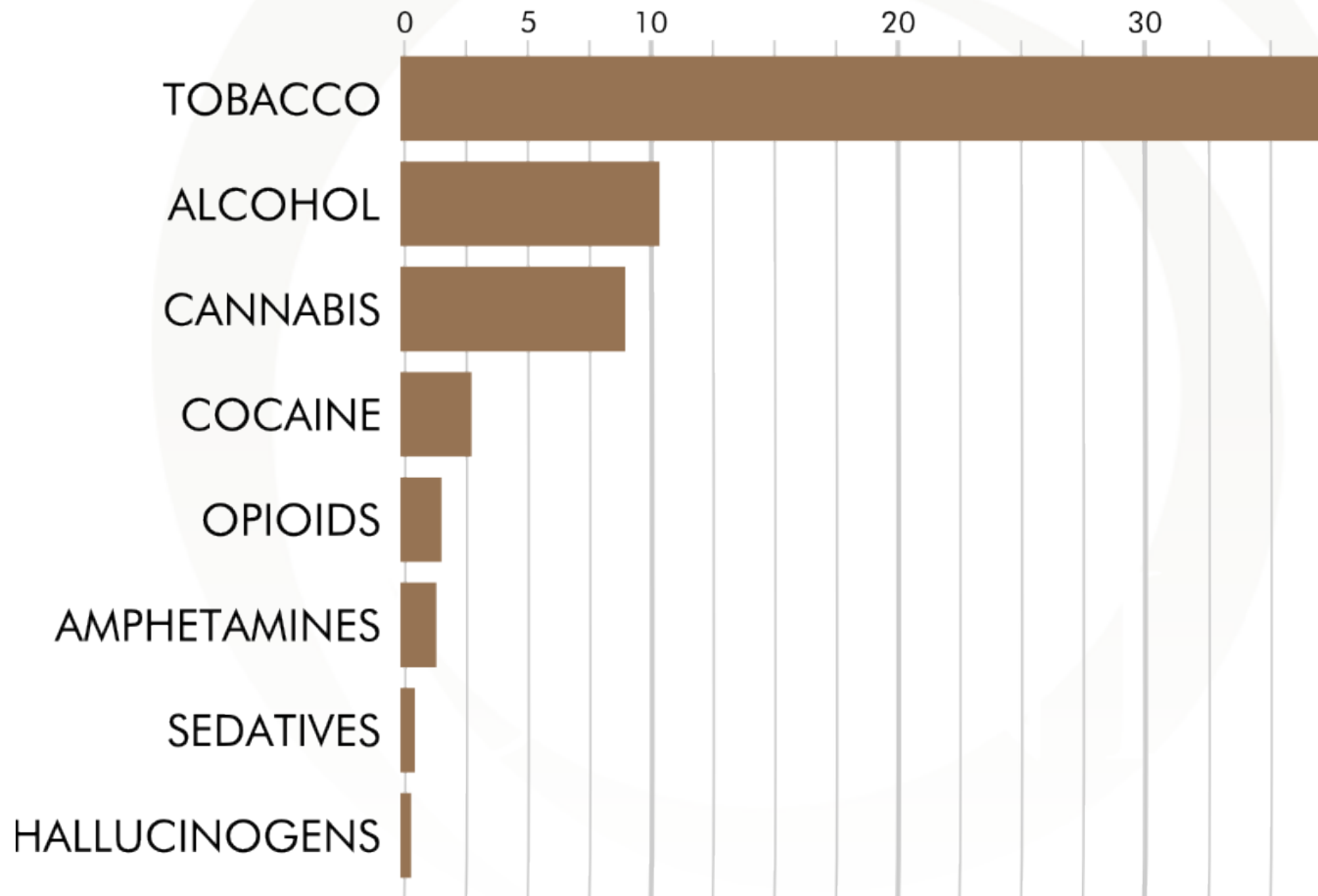


# Lessons Learned

## Lesson #1

SBIRT provides an important mechanism for the identification and intervention in tobacco use

## NUMBER OF PATIENTS WHO SCREENED POSITIVE BY SUBSTANCE IN THOUSANDS

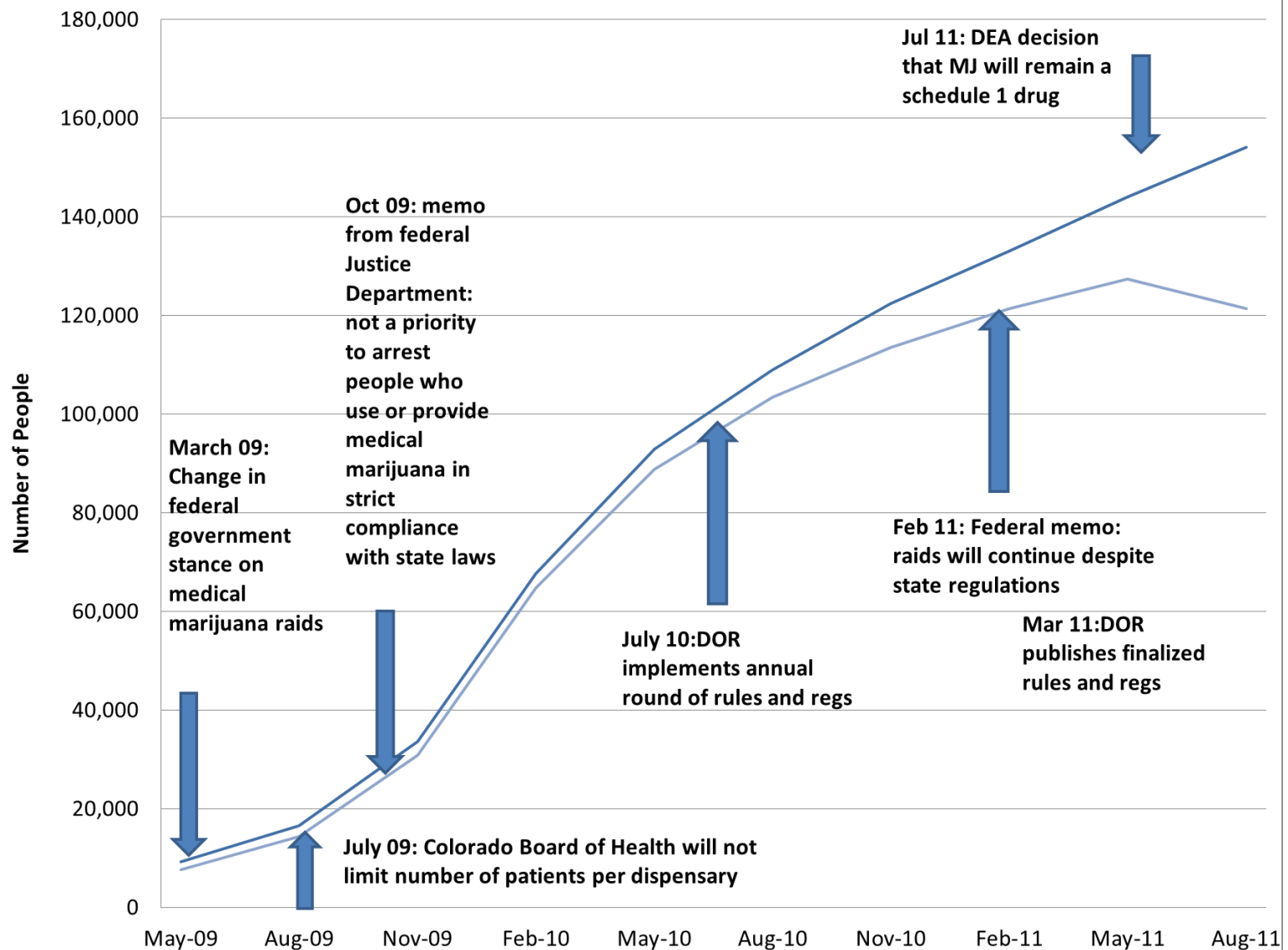


TOBACCO: cigarettes, chewing tobacco, cigars, etc. ALCOHOL: beer, wine, spirits, etc. CANNABIS: marijuana, pot, grass, hash, etc. COCAINE: coke, crack, etc. OPIOIDS: heroin, morphine, methadone, codeine, etc. AMPHETAMINES: speed, diet pills, ecstasy, methamphetamine, etc. SEDATIVES: Valium, Serepax, Rohypnol, etc. HALLUCINOGENS: LSD, acid, mushrooms, phencyclidine, pcpc, ketamine, etc.

# Lessons Learned

## Lesson #2

The availability of medical marijuana may be contributing to an increase in harmful marijuana use

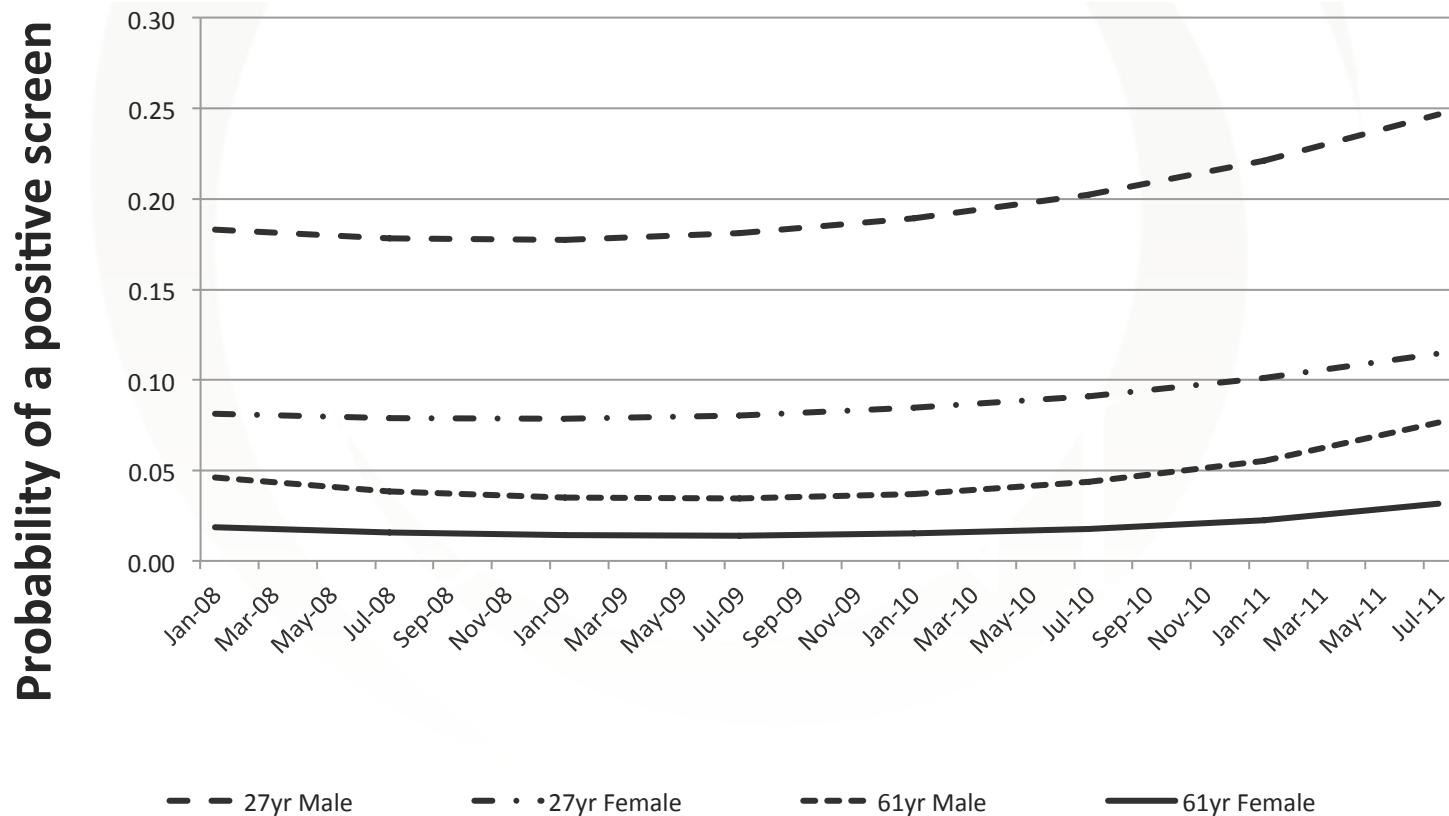


	May-09	Aug-09	Nov-09	Feb-10	May-10	Aug-10	Nov-10	Feb-11	May-11	Aug-11
applications	9,304	16,505	33,614	67,610	92,915	109,016	122,390	133,153	144,013	154,148
valid cards	7,630	14,377	30,919	64,733	88,900	103,468	113,577	121,430	127,444	121,476

# Marijuana Study Results

- » 8,748 (8%) patients screened positive for marijuana
- » Odds of screening positive higher for males than females
- » Odds of screening positive accelerating in early 2009 (interaction with patient age)

FIGURE 1. Results of logistic regression analyses predicting probability of positive marijuana screen.

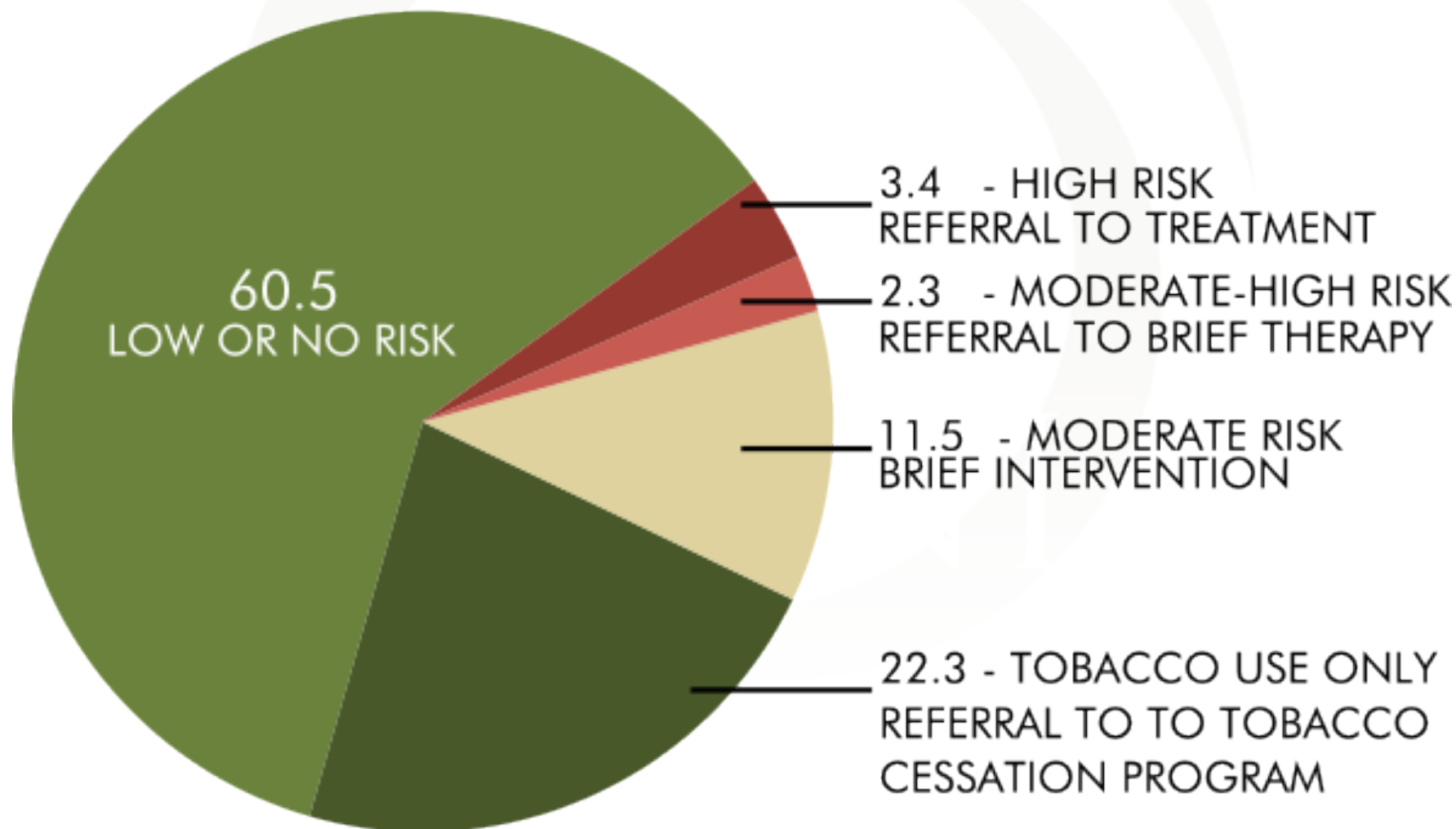


# Lessons Learned

## Lesson #3

SBIRT supports healthcare providers in meeting public health goals; it doesn't put them in the treatment business

## DEGREE OF RISK AND RECOMMENDED SERVICE IN PERCENTAGE





# Lessons Learned

## Lesson #4


Adequate referral systems and resources  
are necessary for providers to  
conduct the screenings

# Referral Systems

“What we keep saying is—you ask the question and you’d better be prepared to answer it. So if you’re asking questions about substance abuse, you’d better be prepared to offer that person some resources or get them some support, if their answers reflect that need.”


# LinkingCare.org

[Behavioral Health Provider Login](#)[home](#) | [contact](#) | [send to a friend](#)


[About LinkingCare.org](#) | [Screening tools](#) | [Find a provider](#) |  | [Support services](#) | [Facts for healthy living](#) | [Resources](#)

## LinkingCare.org

Improving health. Changing lives.



### Recovery support



Dedicated to strengthening the health, resiliency and recovery of Coloradans through quality and effective behavioral health prevention, early intervention and treatment service, the [Colorado Division of Behavioral Health \(DBH\)](#) is responsible for a wide array of programs, services and mission-critical functions.

DBH operates with [six overarching goals](#) such as to continually improve the quality of prevention, intervention, and treatment services and to enhance knowledge, understanding, and awareness of behavioral health disorders. The creating of LinkingCare.org supports these important goals for the benefit of all Coloradans.

LinkingCare.org is a referral resource providing easy statewide access to information and services for substance use prevention, treatment and recovery in Colorado.

Understanding that risky substance use affects an individual's overall health, LinkingCare.org was created by the Division of Behavioral Health to encourage whole person care, improving the health and changing the lives of Coloradans by quickly connecting healthcare providers and individuals to substance use services. Future expansion will include a full continuum of behavioral health resources such as mental health and recovery support services.

#### Why LinkingCare.org?

- Searching for a substance use provider?
- You want to find out if you drink too much?
- Looking for help in your recovery?
- Need information on the risks of substance use?

You'll find comprehensive substance use resources right here.

[Know someone who might benefit from LinkingCare.org? Share it with them.](#)

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# LinkingCare.org

Improving health. Changing lives.



Colorado Division of Behavioral Health

## Find a provider

### ● Address

Distance in miles from central point

### ● County

Located within county boundaries

### ● Judicial District

Located within a group of counties

### ● Provider Name

All providers within the state of Colorado

### ● License Number

Single provider with license number

Enter an address, city, zip code &amp; distance in miles

 within  miles

What services are you looking for?

#### Service

To receive the largest number of providers, please select Assessment/Outpatient only. Selecting additional Service items will narrow your search.

- ☐ Assessment/Outpatient
- ☐ DUI/DWAI
- ☐ Emergency/Detox
- ☐ Methadone Treatment
- ☐ Residential Treatment

#### Specific Population

Only select a Specific Population if you would like to narrow your search. The search results will only include providers that provide treatment for ALL Specific Populations selected.

- ☐ General Treatment
- ☐ Minors/Adolescents
- ☐ Offender
- ☐ Women

Know someone who might benefit from LinkingCare.org? [Share it with them.](#)

If this is an emergency, please dial 911



WE WILL NOT SHARE YOUR SEARCH or any information about you with anyone. This site does not provide a diagnosis of substance dependence or any other medical condition. The information provided here cannot substitute for a full evaluation by a healthcare professional, and should only be used as a guide to understanding your substance use and the potential health issues involved with it. LinkingCare.org does not verify the accuracy of the community-generated content. The Colorado Division of Behavioral Health or sponsors do not endorse providers, services or resources on the site.



LinkingCare.org  
Improving health. Changing lives.

## Providers found

Treatment providers found: 113

Providers have been mapped according to the address, city, zip code, county or judicial district selected. To view details, click the corresponding icon on the map.

Print Options...

### LOCATION

Select the location type to search by:

County

Select county from dropdown below

DENVER

Update

### CATEGORIES

#### Service

- ☒ Assessment/Outpatient  
☐ DUI/DWI  
☐ Emergency/Detox  
☐ Methadone Treatment  
☐ Residential Treatment

#### Specific Population

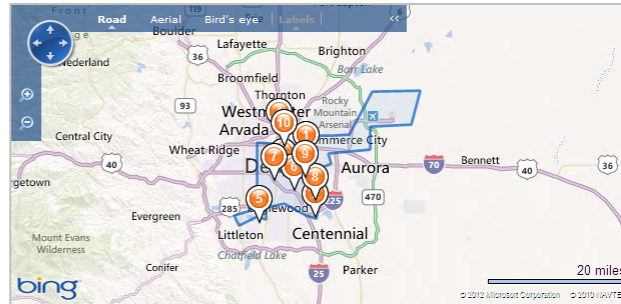
- ☐ General Treatment  
☐ Minors/Adolescents  
☐ Offender  
☐ Women

Update

Filters: use the checkbox(s) below to filter the results returned by the criteria above...

- ☐ Day treatment (DAY)  
☐ Intensive outpatient (IOP)  
☐ Traditional Outpatient (OP)

Update



Page size: 10

113 items in 12 pages

**1 A New Image Counseling Services Inc.**  
6500 Stapleton Dr. S., #E Denver, CO. 80216

720-941-6224

[View Full Profile >](#)

Phone: 720-941-6224  
County: Denver  
Judicial District: 2nd

**2 A Woman's Way to Recovery**  
8751 East Hampden Ave., B2 Denver, CO. 80231

303-523-0621

[View Full Profile >](#)

Phone: 303-523-0621  
County: Denver  
Judicial District: 2nd

**3 Acacia Counseling, Inc.**  
1600 Downing Street, #300 Denver, CO. 80218

303-861-9378

[View Full Profile >](#)

Phone: 303-861-9378  
County: Denver  
Judicial District: 2nd

Know someone who might benefit from LinkingCare.org? [Share it with them.](#)

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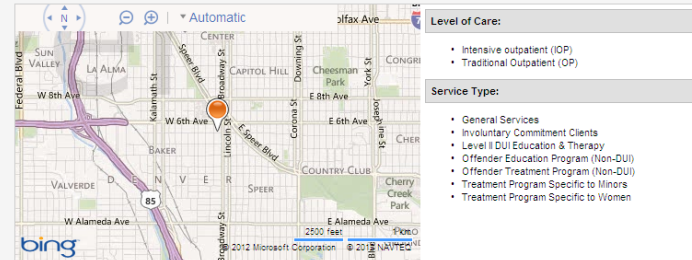
LinkingCare.org

## Arapahoe House

License Number: 1009-09  
 Arapahoe House  
 55 W. 5th Ave.  
 Denver, CO 80204  
 Phone: 303-657-3700  
 Fax: 303-657-3727

## TREATMENT PROVIDER DETAILS

(This information is provided by the Colorado Division of Behavioral Health)

Denver County  
Judicial District 2

## Level of Care:

- Intensive outpatient (OP)
- Traditional Outpatient (OP)

## Service Type:

- General Services
- Involuntary Commitment Clients
- Level II DUI Education & Therapy
- Offender Education Program (Non-DUI)
- Offender Treatment Program (Non-DUI)
- Treatment Program Specific to Minors
- Treatment Program Specific to Women

(Information below is defined by the individual provider listed)

## Population Served:

- HIV
- Homeless
- LGBT
- Men
- Military
- Older Adults
- Pregnant Women
- Women

## Languages Spoken:

- English
- Spanish

## Fee(s):

- Medicaid
- Private Insurance
- Self Pay
- Sliding Fee Scale

## Additional Services:

- Assessment and Referral
- Co-occurring
- Family Treatment
- Medication Assisted Therapy (MAT)
- Monitored Sobriety
- Trauma Specific

## Accessibility:

- Deaf/Hard of Hearing
- Visually Impaired
- Wheelchair

## Approach:

Arapahoe House operates six outpatient clinics providing substance abuse and co-occurring mental health services to adults.

Services are adapted to meet the needs of the individual client and include individual, group, and family therapy, specialized programming and groups for offenders, monolingual Spanish speaking individuals, deaf and hard of hearing populations, pregnant women and women with co-occurring mental illness.

## Description:

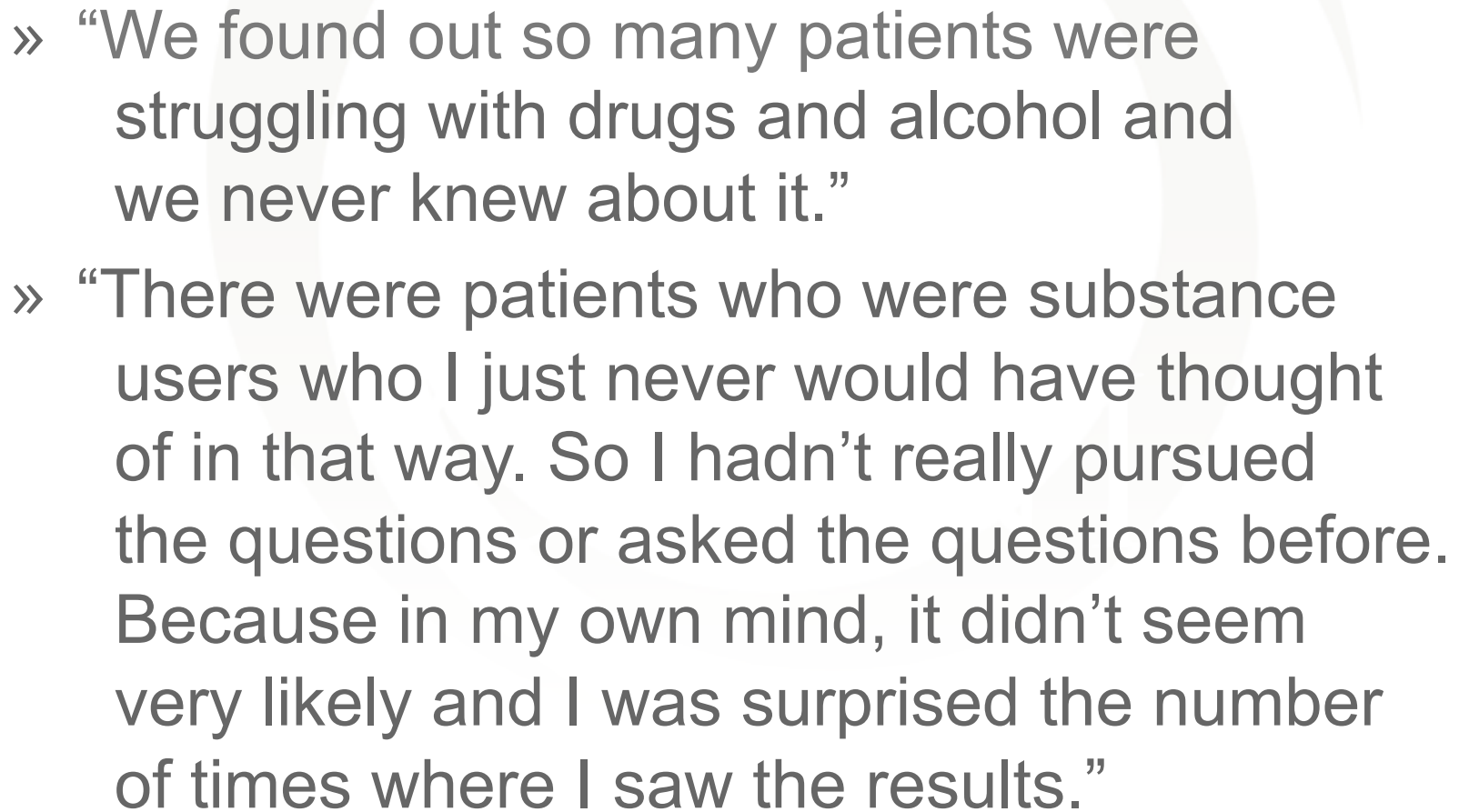
For information on Arapahoe House services, please visit [www.ArapahoeHouse.org](http://www.ArapahoeHouse.org)

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# Lessons Learned

## Lesson #5

Know your community,  
but implement universal screening


- 
- » “We found out so many patients were struggling with drugs and alcohol and we never knew about it.”
  - » “There were patients who were substance users who I just never would have thought of in that way. So I hadn’t really pursued the questions or asked the questions before. Because in my own mind, it didn’t seem very likely and I was surprised the number of times where I saw the results.”



# Lessons Learned

## Lesson #6

Improved quality of care is the primary  
motivator to do SBIRT



» “Staff and providers see how SBIRT and integrated care can lead to behavior change for patients, and they simply don’t feel that they are providing complete and comprehensive care unless they are asking the screening questions and having those conversations.”

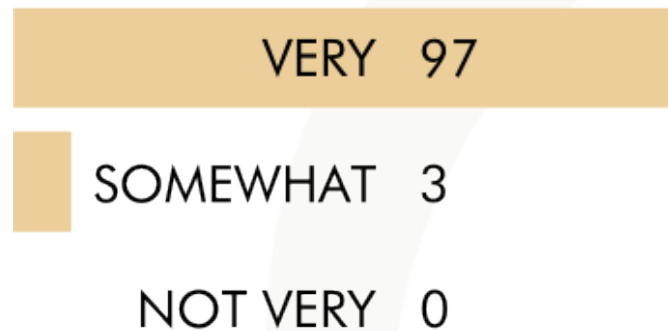
—Sarah E. Vaine, MA, LPC, Executive Director,  
Summit Community Care Clinic

# Lessons Learned

## Lesson #7

Patients are appreciative rather than resistant  
to the SBIRT process

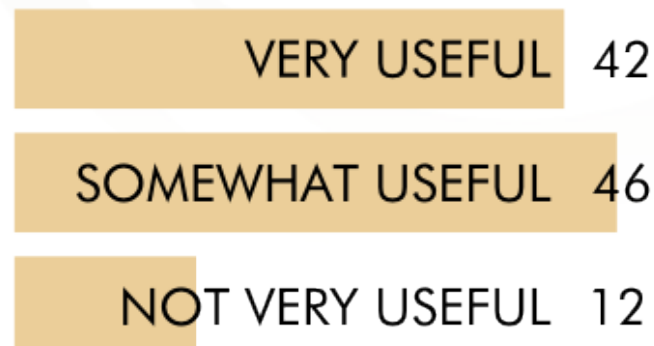
Was the Health Educator respectful?

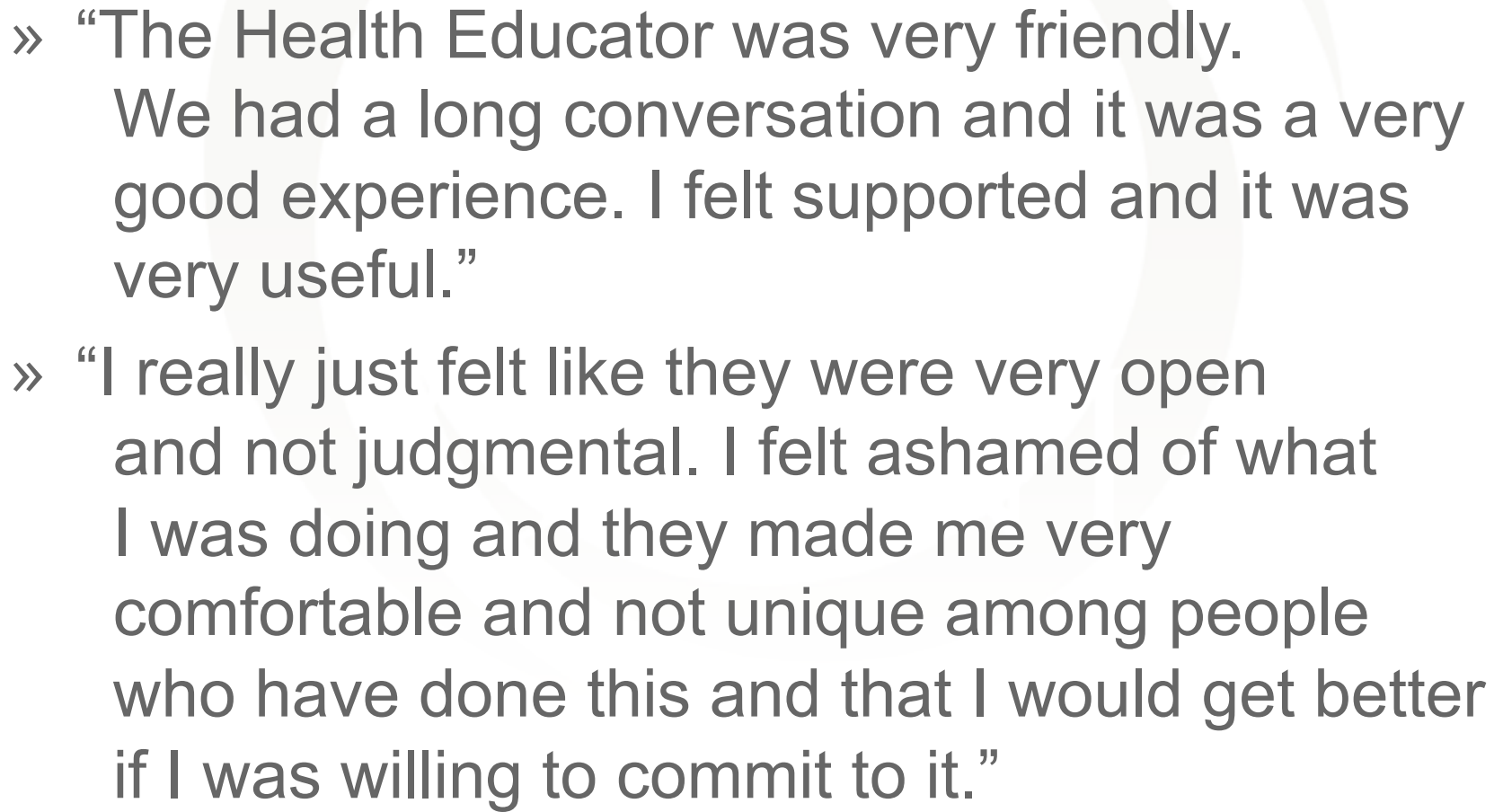


How satisfied were you with your experience with the Health Educator?



How useful was the information provided to you by the Health Educator?

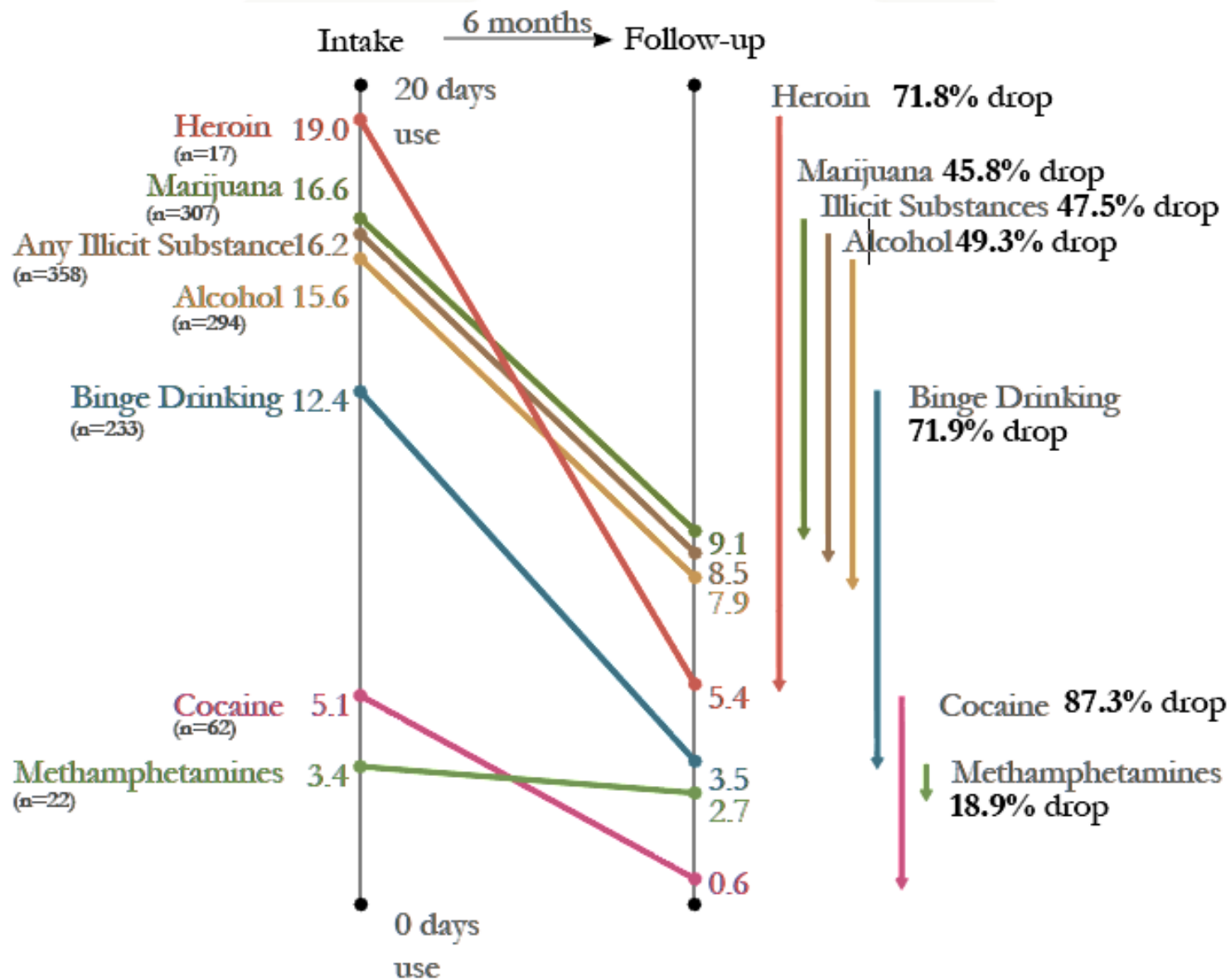


- 
- » “The Health Educator was very friendly. We had a long conversation and it was a very good experience. I felt supported and it was very useful.”
  - » “I really just felt like they were very open and not judgmental. I felt ashamed of what I was doing and they made me very comfortable and not unique among people who have done this and that I would get better if I was willing to commit to it.”

# Lessons Learned

## Lesson #8

Patients reduced use after participating in  
SBIRT



Percent of patients who abstained  
from use of illicit substances at follow-up.

Any Illicit Substance 358 patients used at intake

49% abstained

49% of patients who used an illicit substance  
at intake, abstained from use at follow-up.

---

Cocaine 62 patients used at intake

81% abstained

Methamphetamines 22 patients used at intake

68% abstained

Heroin 17 patients used at intake

65% abstained

Marijuana 307 patients used at intake

47% abstained



# Lessons Learned

## Lesson #9

Staff and institutional support is critical for successful implementation and sustainability

# Champions

- » Promote SBIRT
- » Advocate for funding
- » Manage & maintaining the process
- » Addressing barriers
- » Networking

# Sustainability Interviews

- » Key questions

- » Whether and how sites were sustaining
- » Success & challenges

- » Key informant interviews

- » 11 site supervisors, representing the 12 sites
- » Conducted 5-6 months after federal funding

# Sustainability Interviews

- » 10 of 12 sites reported sustaining
- » 3 general models of implementation
  - Identifying funding to retain the health educator position
  - Utilizing behavioral health specialists
  - Including SBIRT as part of a larger health and wellness program

# Additional Lessons

- » Funding remains a challenge for sustainability
- » Ongoing trainings are needed
- » Sites that were able to institutionalize SBIRT into systems and culture, the easier the transition from grant-funding to a sustainable model
- » Role of health educators, health coaches or behavioral health specialists

# Future Directions

- » New Implementation Sites
  - » Salud Family Health Centers (Ft. Morgan & Sterling)
  - » Peak Vista Community Health Centers (Myron Stratton)
  - » San Luis Valley Regional Medical Center
  - » Denver Health Medical Center (Dental Clinic & Primary Care Clinic)

# Future Directions

- » Screening
  - » FASD prevention
  - » Marijuana misuse/abuse
  - » Prescription-controlled drug misuse/abuse
- » HealthTeamWorks
  - » Trainings
  - » Guidelines

# Future Directions

- » Enhance referral process
  - » MINES and Associates
  - » Advocates for Recovery
- » Expand LinkingCare.org
  - » Recovery support
  - » Mental health
  - » Prevention